

DIGESTIVE DISEASE & ENDOSCOPY CENTER

Percutaneous Endoscopic Gastrotomy (PEG) Prep Instructions

Please follow your physicians specific instructions carefully to ensure a successful prep.
If you have any questions, please call our office at **(360) 479-1952**.

Appointment Date: _____ Arrival Time: _____

Seven (7) Days Prior to Procedure ____/____	Three (3) Days Prior to Procedure ____/____	One (1) Day Prior to Procedure ____/____	Day of Procedure ____/____
<p>STOP taking blood thinning medication, Iron, Fiber and Fish Oil supplements. Non-Steroidal Anti-Inflammatory drugs (NSAIDS) such as Aspirin, Ibuprofen, Naproxen.</p> <p>Tylenol is okay to take as needed for pain. Continue your other medications as prescribed.</p> <p>Arrange transportation: All patients must be accompanied by a responsible adult (age 18 or older) at time of check-in for procedures. Please inform your driver this will take about 2 hours. Drivers are required to stay in the building.</p> <p>NO TAXI, BUS or UBER: No driver will result in rescheduling of your procedure.</p>	<p>CANCELLATIONS: If you need to cancel or reschedule your procedure, please call our office (360) 479-1952</p>	<p>You should adhere to your usual diet today.</p> <p>HARRISON HOSPITAL Pre-Admissions will call you in the morning to go over your check in time and pre-op questions.</p> <p>Diabetic Medication Oral/ Insulin: See office visit notes for special instructions.</p> <p>Do Not Use chewing, tobacco, gum lozenges, candy or breath mints, Marijuana (THC products), alcohol, recreational drugs the day prior or day of your procedure.</p>	<p>NO FOOD or LIQUIDS after midnight the night before.</p> <p>You may brush your teeth but do not ingest any liquids.</p> <p>Diabetic Medication Oral/ Insulin: See office visit notes for special instructions.</p> <p>If you are prescribed any blood pressure, heart, lung, seizure or psychiatric medication it is okay for you to take with small sips of water 4 hours prior your procedure.</p>

REMINDER

Procedure will be performed at :

Harrison Medical Center
2520 Cherry Ave
Bremerton, WA 98310.
For directions Call: (360) 744-5210

If you have questions regarding your upcoming PEG Tube or the instructions or need to cancel or reschedule your procedure, kindly give us 48 hours notice and contact our office at (360)479-1952. We will contact Harrison Hospital to cancel your procedure.

PEG Tube PREP Cont.

Do I need a driver for my procedure?

Yes, your driver will need to check in with you before the procedure and drive you home after your procedure to assist you with follow up care. Your driver will be required to stay in the procedure center/hospital while your procedure is being performed. This takes approximately 2 hours. You will not be able to drive a car, operate any machinery or go back to work until the following day.

Do I need to bring anything with me the day of my appointment?

You will need to bring your identification, insurance cards and copayment the day of your procedure. Failure to bring this information may result in your appointment being rescheduled.

What should I wear the day of my procedure?

Loose comfortable clothing, sleeves should be short or easy to roll up. Any valuables should be left at home. Please do not wear perfume or cologne the day of your procedure.

Why can I not eat or drink anything for 8 hours prior to my Peg Tube being placed?

An empty stomach allows for the best and safest examination, so you should have anything to eat or drink, including water for approximately eight hours before the examination.

Can I drink alcohol or use Marijuana or any other recreational substances while prepping for my procedure?

Alcohol, Marijuana or any other mind altering substances are **not** allowed while prepping for a procedure.

When will I hear about my pathology results?

Test results will be mailed to you within 7-10 days. If the findings are concerning, you will be notified earlier by phone. If you are signed up for our patient portal, results will be available to you through your patient portal.

Is my procedure covered by my insurance?

Contact your Insurance company to check benefit coverage for your procedure or if prior approval is required. Procedures are often subject to deductibles, co-pays or co-insurance premiums.

Important billing Information:

Any procedure performed may generate up to four separate billing charges which include: Physician Fee, Facility Fee, Anesthesia Fee, Pathology Fee. (If biopsies are taken) If a biopsy is performed you will receive a separate bill from the pathology facility, please contact them directly for any questions at the numbers provided on your statement.

If you have any questions or concerns about the preparation, please contact us at (360)479-1952 EXT. 122 or by messaging us through your patient portal.